



# Mid-East Area Agency on Aging

## Annual Report

*For the Fiscal Year Ending June 30, 2008*



## To MEAAA'S Constituents

### By Mary E. Schaefer Executive Director

During 2008, Mid-East Area Agency on Aging (MEAAA) adopted a new logo. With the donated assistance of Shaw Company and the MEAAA Foundation, a wonderful video and two short public service announcements (PSAs) were produced to help with outreach. Although MEAAA has operated for 35 years, there are still many seniors who don't know how much assistance MEAAA can provide because they haven't heard of MEAAA. These tools will help us reach more seniors.

Significant progress has been made in providing services for the north St. Louis County area through the current centers and with the help of the new St. Jane Senior Center in Normandy. MEAAA is looking at different ways to provide services to help seniors stay independent and in their own homes as long as possible. You will read more about these efforts in this report.

I would like to challenge each of you who read this report to share it with a senior you know. You may be the one that helps them connect with MEAAA and the services and information they need. People such as your neighbors, family members, church group and friends need to know. Together, we can be the link for providing, caring and connecting seniors in our community.



Mary E. Schaefer



Charles Heisler

### By Charles Heisler Board President

*"Do not follow where the path may lead. Go instead where there isn't any path and leave a trail."*

-- Ralph Waldo Emerson

Where did 2008 go?

As president of the board, I would like to thank all volunteers, staff and board of directors.

During Fiscal Year 2008, we had a lot of peaks and valleys, but as it turned out, we had more peaks of superb service to our seniors and, really, that's what we strive to do.

The Show-Me Summit was outstanding! It was

a good way to see how other AAAs do business. And the seminars were great as well!

As president of the board, it was a learning experience for me this year. I involved myself in numerous departments, giving me an overall better view of how we manage our AAA.

In closing, I would like to thank everyone involved for their hard work. As we start into a new year, we all should give the new officers all of the help they will need to continue the great work we do for our seniors.

Together, we  
can be the link  
for providing,  
caring and  
connecting  
seniors in our  
community



**Above:** Charles Heisler, board president from 2007-2008, with board vice presidents Arthur Visor and the late Lester Bohle. **Top right:** MEAAA Silver Haired Legislature delegates in the state House chamber October 2007: Mary Lou O'Connell, Gussie Roberson, Janet Cunningham, Elizabeth Smith, Don Roloff, Mary Miller and Ralph Queen. **Right:** MEAAA Foundation board members honor Chair Emeritus Alice S. Handelman (seated, center) at a reception December 2007. Standing, from left: Laura Bond, Ron Present, Lynn Davis (with daughter Keegan), Barbara Bindler, Executive Director Mary Schaefer, Phyllis Langsdorf, Stacy Tew-Lovasz, Michelle Mixon. Seated: Liz Sosne, Handelman, Al Ukman.

**Our Vision ...** is for seniors and their caregivers to have opportunities to lead satisfying, productive lives with health, honor and dignity.

**Our Mission ...** is to assist adults through the journey of aging.

**Mid-East Area Agency on Aging**  
 14535 Manchester Road  
 Manchester, MO 63011  
 636-207-0847 or 1-800-AGE-6060  
 www.mid-eastaaa.org  
 info@mid-eastaaa.org

**IN MEMORIAM**

**Lester "Les" Bohle**  
*Former Board Member*

**Mary Anne Cordes**  
*MEAAA Advisory Council Member  
 and Former Board Member*

**Anthony A. "Tony" Lane**  
*Former Board Member*

**Mid-East Area Agency on Aging**

**Board of Directors 2007-08**

**Charles Heisler, president**

Merline Anderson, Ron Bauers, Geraldine Bedwell, Lester Bohle, Martha Brown, Joan D'Ambrose, Joyce Deckman, Karen Green, Kelley Guertzgen, Charles Hiatt, Edward Hillhouse, Allene Jackson, Fredricka (Fritzi) Lainoff, Anthony Lane, Denise Liebel, Ruby Joyce Little, Carol Lowe, Gene Maggard, Debbie Noblitt, Penelope Seaton, Stacy Tew-Lovasz, Nina Tumosa, Arthur Visor

**Advisory Council 2007-08**

**Lily Ko, chair**

Ken Buren, Don Bosley, Anna Carmi, Kay Cheatham, Ruth Clerkley, Mary Ann Cordes, Andrew Duff, Lu Duemler, Patrick Fontane, Ann Hanke, Patty Marshall, Mary Lou O'Connell, Ralph Queen, Phyllis Reed, Gussie Roberson, Linda Schneider, David Schmerber, Elizabeth Smith, Marvin Westhoelter, Linda Willis

**Silver Haired Legislature 2007-08**

**John (Jack) Anderson, chair**

Dora Backer, Kay Cheatham, Janet Cunningham, Lu Duemler, Andrew Duff, Mary Miller, Mary Lou O'Connell, Frieda Orenstein, Lorraine Parks, Ralph Queen, Gussie Roberson, Don V. Roloff, David Schmerber, Linda Schneider, Elizabeth Smith, Henry Wetzel

**Mid-East Area Agency on Aging Foundation**

**Board of Directors 2007-08**

**Stacy Tew-Lovasz, president**

Barbara Bindler, Lynn Davis, Sheila Cawns, Nathaniel Crump, Alice S. Handelman, Laura Hobson, Jo Anne Jeffries, Jerome Kraus, Kenneth Kraus, Phyllis Langsdorf, Michelle Mixon, Marilyn Olschansky, Ron Present, Anne E. Rice-Sosne, Al Ukman, Robin Walpert

## Highlights of FY 2008



The Family Caregiver Support Program held its first-ever Franklin County Caregiver Retreat April 16, 2008. The Information and Assistance Department collaborated with several area partners and providers on this event for 20 participants and their loved ones attending. The program also held a retreat for St. Louis County caregivers.

MEAAA began a Reading is Relative program for grandparents and other relatives raising children. Reading is Relative events allow seniors to share the love of reading with the children in their lives and to provide support and encouragement for each other. The Brookdale Foundation funded the program with a \$10,000 grant.

MEAAA counselors assisted more than 250 seniors in applying for the Missouri Rx drug benefit program.

The Information and Assistance Department successfully completed a case-managed transportation pilot program in Jefferson County.

MEAAA volunteers and staff helped complete more than 450 Missouri Property Tax Credit (Circuit Breaker) claims for seniors, resulting in more than \$250,000 in refunds.

Volunteers delivered more than 500 meals to the homebound on Christmas. Staff raised almost \$7,000 in cash and in-kind donations for the program.

Volunteers assisted more than 1,200 seniors with simple income tax returns through the Tax Counseling for the Elderly Program.

More than 400 seniors enjoyed the 32nd annual MEAAA Senior Fair, the theme of which was "Island Vacation," at the St. Ann Community Center June 11.

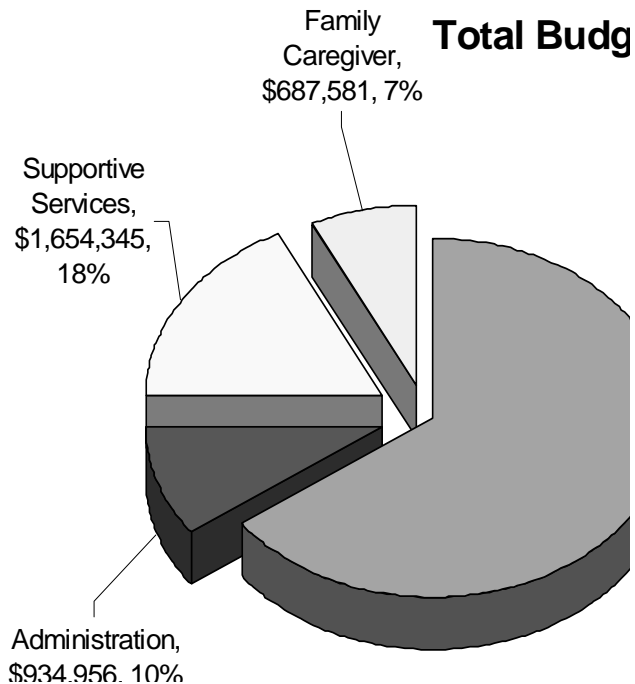
For the third annual Mayors for Meals event, 19 mayors and other public officials delivered MEAAA Meals on Wheels to bring public focus on the importance of home-delivered meals.

**Top: The South County Senior Center in Lemay celebrated its sixth anniversary Oct. 4, 2007, with a dance featuring the Very Special Band. Center: The St. Louis County caregiver retreat May 7, 2008, offered education, fun and respite for those taking care of loved ones. St. Peters Mayor Len Pagano (right) delivered Meals on Wheels as part of the third annual Mayors for Meals event along with Mary Evans, home-delivered meals manager (right).**

MEAAA  
Funding  
Sources  
FY 2008

<i>Funding of Expenditures</i>	Older Americans Act	4,201,792
	Social Services Block Grant	284,591
	USDA/NSIP	517,983
	Medicaid	101,105
	Other Grants (FEMA and IRS)	43,531
	<b>Total Federal Support</b>	<b>5,149,002</b>
<i>State General Revenue</i>	Administration	256,237
	Supportive Services (other than transportation)	43,137
	Congregate Meals	82,797
	Home-Delivered Meals	1,496,213
	Home-Delivered Meals Trust Fund	9,030
	MEHTAP (Transportation)	165,105
	Ombudsman Coordinator	15,000
	<b>Total State Support</b>	<b>2,067,519</b>
<i>Other Funding Sources</i>	Local Client Contribution	1,051,148
	Cash Match for DA Resources	383,135
	Other Cash Donations	58,794
	In-Kind Match (Volunteer Services and Donated Goods)	2,768,913
	<b>Total Local Support</b>	<b>4,261,990</b>
	<b>Grand Total Funding</b>	<b>11,478,511</b>

# FY 2008 Expenditures



## Nutrition: Senior Centers

**64.9% of Total Budget**

Congregate Meals	<b>28.2%</b>
Home-Delivered Meals	<b>71.8%</b>

## Supportive Services

**17.7% of Total Budget — includes**

Transportation	<b>45.9%</b>
In-Home Services	<b>19.1%</b>
Information and Assistance	<b>11.1%</b>
Adult Day Care	<b>5.0%</b>
Ombudsman	<b>5.3%</b>
Supply Bank for Sr. Independence	<b>4.8%</b>
Legal Services	<b>1.2%</b>
Disease Prevention	<b>3.0%</b>
Other Support Services	<b>4.6%</b>

## Administration

**10.0% of Total Budget**

## Family Caregiver

**7.4% of Total Budget — includes**

Public Info & Education	<b>1.3%</b>
Information and Assistance	<b>12.1%</b>
Case Management	<b>17.5%</b>
Transportation	<b>3.5%</b>
In-Home Respite	<b>39.3%</b>
Adult Day Care	<b>10.2%</b>
Durable Medical Equipment/Supplies	<b>10.9%</b>
Nutritional Supplies	<b>2.0%</b>
Other Family Caregiver Services	<b>3.2%</b>

## Support Provided By Funding Other Organizations

*In addition to the directly operated programs and services, MEAAA contracts with community agencies to provide important supporting services for older adults. In FY 2007, MEAAA allocated \$1,545,988 for that purpose. The figures in this chart represent actual MEAAA funds expended for each program in FY 2007.*

Service Type Agencies Funded	Amount Expended
<b>Adult Day Care</b> Jewish Community Center Adult Day Care St. Elizabeth Adult Day Care	\$73,706
<b>Senior Center Operation</b> Jewish Community Center (JCC)	170,418
<b>Legal Services</b> Legal Services of Eastern Missouri	18,900
<b>Personal Care, Homemaker Chores</b> Help at Home Northeast Community Action Corp. Cardinal Ritter Senior Services Pyramid Homemaker Services	241,026
<b>Long-Term Care Ombudsman Services</b> Long-Term Care Ombudsman Program	72,396
<b>Transportation</b> OATS City of Union City of Wentzville	610,138
<b>Family Caregiver Support Services</b>	
<b>In-Home Caregiver Respite Services</b> Help at Home Pyramid Homemaker Services Northeast Community Action Corp. Cardinal Ritter Senior Services	\$268,875
<b>Long-Term Care Ombudsman Services</b> Long-Term Care Ombudsman Information	22,246
<b>Fill-Gap Transportation</b> Various Providers	3,574
<b>Adult Day Caregiver Services</b> Jewish Community Center Arlington House Cardinal Ritter Institute St. Elizabeth's Adult Day Care	64,709

# Senior Centers



## St. Louis County

- Affton** 9801 McKenzie Road, 63123 ..... (314) 544-5100
- Bridgeton** 4201 Fee Fee Road, 63044 ..... (314) 739-5572
- Creve Coeur (Covenant House)** #2 Millstone Campus, 63146 ..... (314) 567-4910
- Eureka (Route 66)** 500 N. Central, 63025 ..... (314) 938-5525
- Florissant (Pope John Paul II)** 6325 Waterways Dr. .... (314) 741-1930
- Kirkwood** 385 S. Taylor, 63122 ..... (314) 965-1002
- Manchester (West County)** 14535 Manchester, 63011 ..... (636) 227-3882
- Moline Acres (Northside)** ..... (314) 867-5661
- Normandy (St. Jane Center)** 7530 Natural Bridge, 63121 ..... (314) 383-6539
- St. Ann (North County Senior Towne)** 528 Northwest Plaza, 63074..... (314) 209-0079
- Shrewsbury** 7677 Watson Road, 63119 ..... (314) 968-8720
- Lemay (South County)** 9451 Gentry, 63125 ..... (314) 631-8698
- University City (Crown Center)** 8350 Delcrest, 63124 ..... (314) 991-3119
- University City (Ochs)** 975 Pennsylvania., 63130 ..... (314) 721-2722
- Webster Groves** 546 N. Elm Ave., 63119 ..... (314) 961-4004

## St. Charles County

- O'Fallon** 106 N. Main St., 63366 ..... (636) 272-4180
- St. Charles** 1455 Fairgrounds, 63301 ..... (636) 949-0658
- St. Peters** 108 McMenamy Road, 63376 ..... (636) 278-2410
- Wentzville** 506 S. Linn St., 63385 ..... (636) 327-8720

## Jefferson County

- Arnold** 1695 Missouri State Road, 63010 ..... (636) 296-0475
- Crystal City (Quad-Cities)** 221 Bailey, 63019 ..... (636) 937-8333
- De Soto** 13225 State Road E, 63020 ..... (636) 586-8833
- High Ridge** 2800 Community Drive, 63049 ..... (636) 677-4578

## Franklin County

- Gerald** 731 S. Main St., 63037 ..... (573) 764-2256
- St. Clair** 310 Park Ave., 63077 ..... (636) 629-2187
- Sullivan** Sappington Bridge Road, 63080 ..... (636) 468-3766
- Union** 205 N. Washington, 63084 ..... (636) 583-5432
- Washington** 2nd & High Sts., 63090 ..... (636) 239-3374